

STATION INFORMATION

PROGRAMMING

TERRITORIES

CITY	STATION	IDENTIFIER	DIAL	STREAM	DAILY	WEEKEND	ADVENTURES IN ODYSSEY	RADIO THEATRE	FOCUS ON THE FAMILY MINUTE	PLUGGED IN (1 min. & 2 min.)
Inuvik, NT	CIAY - FM	Life 100.7 FM	100.7	✓		Su 6:00 pm	Su 7:00 pm		M-F 2 per day	
	VOAR - FM	Voice Of Adventist Radio	92.7	✓	M-F 5:30 am MT M-F 4:00 pm MT	Su 1:30 pm MT	M-F 3:00 pm MT Su 5:30 am MT Su 4:30 pm MT		M-F 8:30 am MT M-F 1:30 pm MT	F 4:30 am MT F 9:30 am MT
Teslin, YT	CIAY - FM	Life 100.7 FM	100.7	✓		Su 6:00 pm	Su 7:00 pm		M-F 2 per day	
Tuktoyaktuk, NT	CIAY - FM	Life 100.7 FM	100.7	✓		Su 6:00 pm	Su 7:00 pm		M-F 2 per day	
Watson Lake, YT	CIAY - FM	Life 100.7 FM	100.7	✓		Su 6:00 pm	Su 7:00 pm		M-F 2 per day	
Whitehorse, YT	CHON - FM	Beat of a Different Drummer	98.1	✓		Su 7:00 am				
Whitehorse, YT	CIAY - FM	Life 100.7 FM	100.7	✓		Su 6:00 pm	Su 7:00 pm		M-F 2 per day	

BRITISH COLUMBIA

CITY	STATION	IDENTIFIER	DIAL	STREAM	DAILY	WEEKEND	ADVENTURES IN ODYSSEY	RADIO THEATRE	FOCUS ON THE FAMILY MINUTE	PLUGGED IN (1 min. & 2 min.)
100 Mile House	CKBX - AM	Country 840	840		M-F 10:00 pm				M-F 1 per day	
	VOAR - FM	Voice Of Adventist Radio	106.7	✓	M-F 4:30 am PT M-F 3:00 pm PT	Su 12:30 pm PT	M-F 2:00 pm PT Su 4:30 am PT Su 3:30 pm PT		M-F 7:30 am PT M-F 12:30 pm PT	F 3:30 am PT F 8:30 am PT
Agassiz	VOAR - FM	Voice Of Adventist Radio	88.9	✓	M-F 4:30 am PT M-F 3:00 pm PT	Su 12:30 pm PT	M-F 2:00 pm PT Su 4:30 am PT Su 3:30 pm PT		M-F 7:30 am PT M-F 12:30 pm PT	F 3:30 am PT F 8:30 am PT
Armstrong	VOAR - FM	Voice Of Adventist Radio	89.3	✓	M-F 4:30 am PT M-F 3:00 pm PT	Su 12:30 pm PT	M-F 2:00 pm PT Su 4:30 am PT Su 3:30 pm PT		M-F 7:30 am PT M-F 12:30 pm PT	F 3:30 am PT F 8:30 am PT
Ashcroft	VOAR - FM	Voice Of Adventist Radio	91.5	✓	M-F 4:30 am PT M-F 3:00 pm PT	Su 12:30 pm PT	M-F 2:00 pm PT Su 4:30 am PT Su 3:30 pm PT		M-F 7:30 am PT M-F 12:30 pm PT	F 3:30 am PT F 8:30 am PT
Atlin	CIAY - FM	Life 100.7 FM	100.7	✓		Su 6:00 pm	Su 7:00 pm		M-F 2 per day	
Burns Lake	CFLD - AM	The Moose	760		M-F 10:00 pm				M-F 1 per day	
	CJFW - FM	Today's Best Country	92.9	✓		Su 6:00 pm	Su 7:00 pm		M-F 3-8 pm 1/day	
Castlegar	VOAR - FM	Voice Of Adventist Radio	101.3	✓	M-F 4:30 am PT M-F 3:00 pm PT	Su 12:30 pm PT	M-F 2:00 pm PT Su 4:30 am PT Su 3:30 pm PT		M-F 7:30 am PT M-F 12:30 pm PT	F 3:30 am PT F 8:30 am PT
Cawston	VOAR - FM	Voice Of Adventist Radio	96.7	✓	M-F 4:30 am PT M-F 3:00 pm PT	Su 12:30 pm PT	M-F 2:00 pm PT Su 4:30 am PT Su 3:30 pm PT		M-F 7:30 am PT M-F 12:30 pm PT	F 3:30 am PT F 8:30 am PT
Cranbrook	VOAR - FM	Voice Of Adventist Radio	106.5	✓	M-F 5:30 am MT M-F 4:00 pm MT	Su 1:30 pm MT	M-F 3:00 pm MT Su 5:30 am MT Su 4:30 pm MT		M-F 8:30 am MT M-F 1:30 pm MT	F 4:30 am MT F 9:30 am MT
Creston * no Daylight Savings Time	VOAR - FM	Voice Of Adventist Radio	92.9	✓	M-F 5:30 am MT M-F 4:00 pm MT	Su 1:30 pm MT	M-F 3:00 pm MT Su 5:30 am MT Su 4:30 pm MT		M-F 8:30 am MT M-F 1:30 pm MT	F 4:30 am MT F 9:30 am MT
Dawson Creek * no DST	CJDC - AM	Radio 890 AM	890		M-F 7:00 pm MT	Su 9:00 am MT			M-F 1 per day ROS	
	CJGY - FM	96.3 Reach FM	96.7	✓	M-F 5:30 am MT	Su 8:00 pm MT	M-F 8:00 pm MT		M-F 7:40 am MT M-F 12:20 pm MT M-F 4:50 pm MT	F 2:20 pm MT F 5:20 pm MT
	CIAM - FM	See - I AM	107.5	✓	M-F 10:00 am MT	Sa 10:00 am MT	M-F 7:00 pm MT Sa 7:00 pm MT		M-F 1 per day	
	VOAR - FM	Voice Of Adventist Radio	106.5	✓	M-F 4:30 am PT M-F 3:00 pm PT	Su 1:30 pm MT	M-F 3:00 pm MT Su 5:30 am MT Su 4:30 pm MT		M-F 8:30 am MT M-F 1:30 pm MT	F 4:30 am MT F 9:30 am MT
Fort St. James	CIFJ - AM	Valley Country	1480		M-F 10:00 pm			M-F 1 per day		
Fort St. John * no DST	CHRX - FM	Sunfm	98.5	✓		Su 7:00 am MT			M-F 1 per day	
	CJGY - FM	96.3 Reach FM	97.1	✓	M-F 5:30 am MT	Su 8:00 pm MT	M-F 8:00 pm MT		M-F 7:40 am MT M-F 12:20 pm MT M-F 4:50 pm MT	F 2:20 pm MT F 5:20 pm MT
	CIAM - FM	See - I AM	92.5	✓	M-F 10:00 am MT	Sa 10:00 am MT	M-F 7:00 pm MT Sa 7:00 pm MT		M-F 1 per day	
Fraser Lake	CIFL - AM	Valley Country	1450		M-F 10:00 pm			M-F 1 per day		
Fruitvale	VOAR - FM	Voice Of Adventist Radio	102.1	✓	M-F 4:30 am PT M-F 3:00 pm PT	Su 12:30 pm PT	M-F 2:00 pm PT Su 4:30 am PT Su 3:30 pm PT		M-F 7:30 am PT M-F 12:30 pm PT	F 3:30 am PT F 8:30 am PT
Golden	VOAR - FM	Voice Of Adventist Radio	99.9	✓	M-F 5:30 am MT M-F 4:00 pm MT	Su 1:30 pm MT	M-F 3:00 pm MT Su 5:30 am MT Su 4:30 pm MT		M-F 8:30 am MT M-F 1:30 pm MT	F 4:30 am MT F 9:30 am MT
Grand Forks	VOAR - FM	Voice Of Adventist Radio	106.1	✓	M-F 4:30 am PT M-F 3:00 pm PT	Su 12:30 pm PT	M-F 2:00 pm PT Su 4:30 am PT Su 3:30 pm PT		M-F 7:30 am PT M-F 12:30 pm PT	F 3:30 am PT F 8:30 am PT
Granisle	CHLD - AM	The Moose	1480		M-F 10:00 pm			M-F 1 per day		
Hazleton	CJFW - FM	Today's Best Country	101.9	✓		Su 6:00 pm	Su 7:00 pm		M-F 3-8 pm 1/day	
	CJLW - FM	Today's Best Country	101.9	✓		Su 6:00 pm	Su 7:00 pm		M-F 3-8 pm 1/day	
	CKBV - AM	The Moose	1490		M-F 10:00 pm				M-F 1 per day	
	VOAR - FM	Voice Of Adventist Radio	92.3	✓	M-F 4:30 am PT M-F 3:00 pm PT	Su 12:30 pm PT	M-F 2:00 pm PT Su 4:30 am PT Su 3:30 pm PT		M-F 7:30 am PT M-F 12:30 pm PT	F 3:30 am PT F 8:30 am PT

BRITISH COLUMBIA (cont'd)

CITY	STATION	IDENTIFIER	DIAL	STREAM	DAILY	WEEKEND	ADVENTURES IN ODYSSEY	RADIO THEATRE	FOCUS ON THE FAMILY MINUTE	PLUGGED IN (1 min. & 2 min.)
Hope	VOAR - FM	Voice Of Adventist Radio	94.1	✓	M-F 4:30 am PT M-F 3:00 pm PT	Su 12:30 pm PT	M-F 2:00 pm PT Su 4:30 am PT Su 3:30 pm PT		M-F 7:30 am PT M-F 12:30 pm PT	F 3:30 am PT F 8:30 am PT
Houston	CHBV - FM	The Moose	106.5		M-F 10:00 pm				M-F 1 per day	
	CJFW - FM	Today's Best Country	105.5	✓		Su 6:00 pm	Su 7:00 pm		M-F 3-8 pm 1/day	
Kitimat	CJFW - FM	Today's Best Country	92.9	✓			Su 7:00 pm		M-F 3-8 pm 1/day	
Lytton	VOAR - FM	Voice Of Adventist Radio	94.5	✓	M-F 4:30 am PT M-F 3:00 pm PT	Su 12:30 pm PT	M-F 2:00 pm PT Su 4:30 am PT Su 3:30 pm PT		M-F 7:30 am PT M-F 12:30 pm PT	F 3:30 am PT F 8:30 am PT
Masset	CJFW - FM	Today's Best Country	92.9	✓		Su 6:00 pm	Su 7:00 pm		M-F 3-8 pm 1/day	
McBride	VOAR - FM	Voice Of Adventist Radio	97.1	✓	M-F 4:30 am PT M-F 3:00 pm PT	Su 12:30 pm PT	M-F 2:00 pm PT Su 4:30 am PT Su 3:30 pm PT		M-F 7:30 am PT M-F 12:30 pm PT	F 3:30 am PT F 8:30 am PT
Nakusp	VOAR - FM	Voice Of Adventist Radio	92.9	✓	M-F 4:30 am PT M-F 3:00 pm PT	Su 12:30 pm PT	M-F 2:00 pm PT Su 4:30 am PT Su 3:30 pm PT		M-F 7:30 am PT M-F 12:30 pm PT	F 3:30 am PT F 8:30 am PT
Nelson	VOAR - FM	Voice Of Adventist Radio	92.5	✓	M-F 4:30 am PT M-F 3:00 pm PT	Su 12:30 pm PT	M-F 2:00 pm PT Su 4:30 am PT Su 3:30 pm PT		M-F 7:30 am PT M-F 12:30 pm PT	F 3:30 am PT F 8:30 am PT
Port Alberni	VOAR - FM	Voice Of Adventist Radio	104.5	✓	M-F 4:30 am PT M-F 3:00 pm PT	Su 12:30 pm PT	M-F 2:00 pm PT Su 4:30 am PT Su 3:30 pm PT		M-F 7:30 am PT M-F 12:30 pm PT	F 3:30 am PT F 8:30 am PT
Port Hardy	VOAR - FM	Voice Of Adventist Radio	93.1	✓	M-F 4:30 am PT M-F 3:00 pm PT	Su 12:30 pm PT	M-F 2:00 pm PT Su 4:30 am PT Su 3:30 pm PT		M-F 7:30 am PT M-F 12:30 pm PT	F 3:30 am PT F 8:30 am PT
Powell River	VOAR - FM	Voice Of Adventist Radio	101.3	✓	M-F 4:30 am PT M-F 3:00 pm PT	Su 12:30 pm PT	M-F 2:00 pm PT Su 4:30 am PT Su 3:30 pm PT		M-F 7:30 am PT M-F 12:30 pm PT	F 3:30 am PT F 8:30 am PT
Prespatou	CIAM - FM	See - I AM	105.5	✓	M-F 10:00 am MT	Sa 10:00 am MT	M-F 7:00 pm MT Sa 7:00 pm MT		M-F 1 per day	
Prince Rupert	CJFW - FM	Today's Best Country	101.9	✓		Su 6:00 pm	Su 7:00 pm		M-F 3-8 pm 1/day	
Quesnel	CKCQ - FM	Cariboo Country	100.3		M-F 10:00 pm				M-F 1 per day	
	VOAR - FM	Voice Of Adventist Radio	92.3	✓	M-F 4:30 am PT M-F 3:00 pm PT	Su 12:30 pm PT	M-F 2:00 pm PT Su 4:30 am PT Su 3:30 pm PT		M-F 7:30 am PT M-F 12:30 pm PT	F 3:30 am PT F 8:30 am PT
Rock Creek	VOAR - FM	Voice Of Adventist Radio	101.1	✓	M-F 4:30 am PT M-F 3:00 pm PT	Su 12:30 pm PT	M-F 2:00 pm PT Su 4:30 am PT Su 3:30 pm PT		M-F 7:30 am PT M-F 12:30 pm PT	F 3:30 am PT F 8:30 am PT
Sandspit	CJFW - FM	Today's Best Country	92.9	✓		Su 6:00 pm	Su 7:00 pm		M-F 3-8 pm 1/day	
Silver Creek	VOAR - FM	Voice Of Adventist Radio	101.3	✓	M-F 4:30 am PT M-F 3:00 pm PT	Su 12:30 pm PT	M-F 2:00 pm PT Su 4:30 am PT Su 3:30 pm PT		M-F 7:30 am PT M-F 12:30 pm PT	F 3:30 am PT F 8:30 am PT
Smithers	CFBV - AM	The Moose	870		M-F 10:00 pm				M-F 1 per day	
	CJFW - FM	Today's Best Country	92.9	✓		Su 6:00 pm	Su 7:00 pm		M-F 3-8 pm 1/day	
Terrace	CJFW - FM	Today's Best Country	103.1	✓		Su 6:00 pm	Su 7:00 pm		M-F 3-8 pm 1/day	
Tumbler Ridge * no DST	CJDC - FM	(repeater)	92.7		M-F 7:00 pm MT	Su 9:00 am MT			M-F 1 per day ROS	
Vancouver	KARI - AM	Word Radio 550	550	✓	M-F 1:00 am M-F 2:00 pm	Sa 1:00 am	Sa 7:00 pm		M-F 7:56 am	M-F 6:43 pm
Vanderhoof	CIVH - AM	Valley Country	1340		M-F 10:00 pm				M-F 1 per day	
	CIAM - FM	See - I AM	98.5	✓	M-F 9:00 am	Sa 9:00 am	M-F 6:00 pm Sa 6:00 pm		M-F 1 per day	
Williams Lake	CKWL - AM	Cariboo Country	570		M-F 10:00 pm				M-F 1 per day	

U.S. Border Stations

Vancouver, BC / Lynden, WA	KWPZ - FM	Praise 1065	106.5	✓	M-F 5:00 am M-F 9:00 pm	Su 8:00 pm	Sa 7:30 am		M-F 9:26 am	
Vancouver, BC / Edmonds, WA	KCIS - AM	Inspiration Station	630		M-F 5:00 am M-F 9:00 am M-F 7:00 pm	Sa 9:00 am	M-F 7:30 pm Sa 7:30 am Sa 8:30 pm		M-F 7:05 am	F 12:50 pm

ALBERTA

CITY	STATION	IDENTIFIER	DIAL	STREAM	DAILY	WEEKEND	ADVENTURES IN ODYSSEY	RADIO THEATRE	FOCUS ON THE FAMILY MINUTE	PLUGGED IN (1 min. & 2 min.)
Calgary	CHRB - AM	AM 1140	1140	✓	M-F 10:00 am M-F 6:30 pm Tu-Sa 1:30 am	Su 11:00 pm M 4:00 am	Su 5:30 pm		M-F 6:25 am M-F 3:30 pm	
	CJSI - FM	88.9 Shine FM	88.9	✓	M-F 10:00 pm	Su 10:00 pm	Sa 8:30 am		M-F 5:40 pm	F 8:25 am F 4:45 pm
	CJLI - AM	AM700 The Light	700	✓	M-F 12:00 pm M-F 7:30 pm	Su 6:00 pm	M-F 3:00 pm Su 7:30 am		M-F 1 per day	M-F AM Drive
Caribou Mountain	CIAM - FM	See, I AM	104.3	✓	M-F 10:00 am	Sa 10:00 am	M-F 7:00 pm Sa 7:00 pm		M-F 1 per day	
Chateh	CIAM - FM	See, I AM	96.9	✓	M-F 10:00 am	Sa 10:00 am	M-F 7:00 pm Sa 7:00 pm		M-F 1 per day	
Cleardale	CIAM - FM	See, I AM	91.5	✓	M-F 10:00 am	Sa 10:00 am	M-F 7:00 pm Sa 7:00 pm		M-F 1 per day	
Cochrane	CFIT - FM	The Range	95.3	✓		Su 8:00 am				
Edmonton	CJCA - AM	AM930 The Light	930	✓	M-F 10:00 am M-F 10:00 pm	Su 7:00 pm	M-F 7:30 pm Sa 7:30 am		M-F 8:33 am M-F 4:17 pm	F 7:20 am F 3:25 pm
	CJRY - FM	105.9 Shine FM	105.9	✓					M-F 7:50 am M-F 10:50 am M-F 4:50 pm	F 8:20 am F 4:20 pm
Fort Chipewyan	CIAM - FM	See, I AM	95.5	✓	M-F 10:00 am	Sa 10:00 am	M-F 7:00 pm Sa 7:00 pm		M-F 1 per day	
Fort McKay	CIYU - FM	CIYU-106.3	106.3		M-F 11:00 pm	Su 9:00 pm			M-F 7:20 am	M-F 4:10 pm
Fort McMurray	CKOS - FM	91.1 The Bridge	91.1	✓	M-F 12:30 pm	Sa 4:00 pm		Boundless: F 7:30 pm	M-F 4:15 pm	
Fort Vermilion	CIAM - FM	See, I AM	92.7	✓	M-F 10:00 am	Sa 10:00 am	M-F 7:00 pm Sa 7:00 pm		M-F 1 per day	

ALBERTA (cont'd)

CITY	STATION	IDENTIFIER	DIAL	STREAM	DAILY	WEEKEND	ADVENTURES IN ODYSSEY	RADIO THEATRE	FOCUS ON THE FAMILY MINUTE	PLUGGED IN (1 min. & 2 min.)
Grande Prairie	CJGY - FM	96.3 Reach FM	96.3	✓	M-F 5:30 am	Su 8:00 pm	M-F 8:00 pm		M-F 7:40 am M-F 12:20 pm M-F 4:50 pm	F 2:20 pm F 5:20 pm
High Level	CIAM - FM	See, I AM	94.1	✓	M-F 10:00 am	Sa 10:00 am	M-F 7:00 pm Sa 7:00 pm		M-F 1 per day	
Hines Creek	CIAM - FM	See, I AM	94.7	✓	M-F 10:00 am	Sa 10:00 am	M-F 7:00 pm Sa 7:00 pm		M-F 1 per day	
La Crete	CIAM - FM	See, I AM	95.5	✓	M-F 10:00 am	Sa 10:00 am	M-F 7:00 pm Sa 7:00 pm		M-F 1 per day	
Manning	CIAM - FM	See, I AM	95.5	✓	M-F 10:00 am	Sa 10:00 am	M-F 7:00 pm Sa 7:00 pm		M-F 1 per day	
Meander River	CIAM - FM	See, I AM	95.9	✓	M-F 10:00 am	Sa 10:00 am	M-F 7:00 pm Sa 7:00 pm		M-F 1 per day	
Peace River	CIAM - FM	See, I AM	101.7	✓	M-F 10:00 am	Sa 10:00 am	M-F 7:00 pm Sa 7:00 pm		M-F 1 per day	
Peerless Lake	CIAM - FM	See, I AM	96.9	✓	M-F 10:00 am	Sa 10:00 am	M-F 7:00 pm Sa 7:00 pm		M-F 1 per day	
Red Deer	CKRD - FM	90.5 ShineFM	90.5	✓	M-F 6:00 pm		M-F 6:30 pm Sa 8:30 am		M-F 1 per day	F 7:20 am F 5:50 pm
Red Earth Creek	CIAM - FM	See, I AM	102.9	✓	M-F 10:00 am	Sa 10:00 am	M-F 7:00 pm Sa 7:00 pm		M-F 1 per day	
Slave Lake	CIAM - FM	See, I AM	107.5	✓	M-F 10:00 am	Sa 10:00 am	M-F 7:00 pm Sa 7:00 pm		M-F 1 per day	
Taber	CIAM - FM	See, I AM	89.5	✓	M-F 10:00 am	Sa 10:00 am	M-F 7:00 pm Sa 7:00 pm		M-F 1 per day	
Wabasca	CIAM - FM	See, I AM	95.5	✓	M-F 10:00 am	Sa 10:00 am	M-F 7:00 pm Sa 7:00 pm		M-F 1 per day	

SASKATCHEWAN

CITY	STATION	IDENTIFIER	DIAL	STREAM	DAILY	WEEKEND	ADVENTURES IN ODYSSEY	RADIO THEATRE	FOCUS ON THE FAMILY MINUTE	PLUGGED IN (1 min. & 2 min.)
Buckland	CIAM - FM	See - I AM	100.1	✓	M-F 11:00 am	Sa 11:00 am	M-F 8:00 pm Sa 8:00 pm		M-F 1 per day	
Estevan	CJSL - AM	Cj 1150 Radio	1150		M-F 6:00 pm	Su 11:00 am			M-F 4:25 pm	
Hudson Bay	CFMQ - FM	98.1 CFMQ	98.1						M-F 9:00 am	
Kindersley	CFYM - AM	1210 CFYM	1210				Su 9:00 am		M-F 4:10 pm	
Moose Jaw	CHAB - AM	800 CHAB	800		M-F 8:00 pm				M-F 3:50 pm	
Nipawin	CIOT - FM	Lighthouse FM	104.1				M-F 8:00 pm Sa 7:30 am			
Prince Albert	CIAM - FM	See - I AM	107.1	✓	M-F 11:00 am	Sa 11:00 am	M-F 8:00 pm Sa 8:00 pm Su 9:00 am		M-F 1 per day	
Rosetown	CJYM - AM	1330 CJYM	1330						M-F 4:10 pm	
Saskatoon	CJWW - AM	Country 600	600		M-F 9:00 pm	Su 6:00 pm				
Shaunavon	CJSN - AM	1490 CJSN	1490		M-F 6:00 pm	Su 11:00 pm	Su 10:00 am		M-F 9:50 am M-F 2:50 pm	
Shellbrook	VOAR - FM	Voice Of Adventist Radio	92.1	✓	M-F 6:30 am CT M-F 5:00 pm CT	Su 2:30 pm CT	M-F 4:00 pm CT Su 6:30 am CT Su 5:30 pm CT Su 10:00 am		M-F 9:30 am CT M-F 2:30 pm CT	F 5:30 am CT F 10:30 am CT
Swift Current	CKSW - AM	570 CKSW	570		M-F 6:00 pm	Su 11:00 pm	Su 10:00 am		M-F 9:50 am M-F 2:50 pm	
Weyburn	CFSL - AM	AM 1190	1190		M-F 6:00 pm	Su 9:00 am			M-F 5:30 pm	
Yorkton	CJJC - FM	The Rock 98five	98.5		M-F 10:00 am Tu-Sa 12:30 am	Sa 9:00 am	Sa 8:00 am		M-F 2 per day	

MANITOBA

CITY	STATION	IDENTIFIER	DIAL	STREAM	DAILY	WEEKEND	ADVENTURES IN ODYSSEY	RADIO THEATRE	FOCUS ON THE FAMILY MINUTE	PLUGGED IN (1 min. & 2 min.)
Altona	CFAM - AM	AM Altona	950		M-F 6:30 pm	Su 10:00 pm	Sa 6:30 pm		M-F 3:03 pm	
Boissevain	CJRB - AM		1220		M-F 6:30 pm	Su 10:00 pm	Sa 6:30 pm		M-F 3:03 pm	
Portage La Prairie	CFRY - AM	920 AM	920		M-F 8:00 pm				M-F 2:40 pm	
Steinbach	CHSM - AM	AM 1250	1250		M-F 6:30 pm	Su 10:00 pm	Sa 6:30 pm		M-F 3:03 pm	
Winnipeg	CHVN - FM	CHVN 95.1 FM	95.1		M-F 5:30 am	Su 10:00 pm	Sa 8:30 am		M-F 8:50 am M-F 11:50 am M-F 3:50 pm	M-F 10:50 am
	CKJS - AM	CKJS 810 AM	810		M-F 12:30 pm	Su 6:30 am	Su 12:00 pm		M-F 6:15 am M-F 9:50 am	F 3:46 pm

ONTARIO

CITY	STATION	IDENTIFIER	DIAL	STREAM	DAILY	WEEKEND	ADVENTURES IN ODYSSEY	RADIO THEATRE	FOCUS ON THE FAMILY MINUTE	PLUGGED IN (1 min. & 2 min.)
Apsley	CFSH - FM	FISH 92.9FM	92.9	✓		Sa 11:00 am			M-F 11:30 am	M-F 12:30 pm
Bancroft	CKJJ - FM	UCB Canada	103.5	✓	M-F 9:00 am M-F 8:00 pm	Sa 9:00 am Su 6:00 am	M-F 7:15 pm Sa 7:30 am		M-F 6:10 am M-F 8:40 am M-F 2:10 pm	F 8:40 am F 11:20 am F 3:40 pm
Barrie	CJLF - FM	Life 100.3	100.3	✓	M-F 9:00 am		M-F 4:00 pm		M-F 6:10 am M-F 5:50 pm Sa 1:20 pm	F 8:50 am F 5:40 pm F 9:50 pm Sa 11:50 am Sa 6:20 pm
Belleville	CKJJ - FM	UCB Canada	102.3	✓	M-F 9:00 am M-F 8:00 pm M-F	Sa 9:00 am Su 6:00 am	M-F 7:15 pm Sa 7:30 am		M-F 6:10 am M-F 8:40 am M-F 2:10 pm	F 8:40 am F 11:20 am F 3:40 pm

ONTARIO (cont'd)

CITY	STATION	IDENTIFIER	DIAL	STREAM	DAILY	WEEKEND	ADVENTURES IN ODYSSEY	RADIO THEATRE	FOCUS ON THE FAMILY MINUTE	PLUGGED IN (1 min. & 2 min.)
Brantford	CFWC - FM	Faith FM 93.9 Brantford	93.9	✓	M-F 9:00 am	Su 10:00 am	M-F 6:00 pm Sa 8:30 am		M-F AM Drive PM Drive	M-F PM Drive
Brockville	CKJJ - FM	UCB Canada	99.9	✓	M-F 9:00 am M-F 8:00 pm	Sa 9:00 am Su 6:00 am	M-F 7:15 pm Sa 7:30 am		M-F 6:10 am M-F 8:40 am M-F 2:10 pm	F 8:40 am F 11:20 am F 3:40 pm
Chatham-Kent	CKGW - FM	UCB Canada	89.3	✓	M-F 9:00 am M-F 8:00 pm	Sa 9:00 am Su 6:00 am	M-F 7:15 pm Sa 7:30 am		M-F 6:10 am M-F 8:40 am M-F 2:10 pm	F 8:40 am F 11:20 am F 3:40 pm
Cobourg / Port Hope	CHJJ - FM	UCB Canada	90.7	✓					M-F 6:10 am M-F 8:40 am M-F 2:10 pm	F 8:40 am F 11:20 am F 3:40 pm
Cochrane	CFCJ - FM		102.1				M-F 4:00 pm Sa 8:00 am			
Cornwall	CHRI - FM	Family Radio	88.1	✓	M-F 5:30 am M-F 6:30 pm		Sa 10:00 am		M-F 3:20 pm	Tu, F 7:45 am Tu, F 5:46 pm
Elliot Lake	CJTK - FM	KFM	102.5	✓	M-F 10:00 am		Sa 9:00 am		M-F 2 per day	M-F 1 / day
Huntsville	CJLF - FM	Life 100.3	98.9	✓	M-F 5:00 am M-F 9:00 am		M-F 4:00 pm		M-F 6:10 am M-F 5:50 pm Sa 1:20 pm	F 8:50 am F 5:40 pm F 9:50 pm Sa 11:50 am Sa 6:20 pm
Kingston	CKJJ - FM	UCB Canada	100.5	✓	M-F 9:00 am M-F 8:00 pm	Sa 9:00 am Su 6:00 am	M-F 7:15 pm Sa 7:30 am		M-F 6:10 am M-F 8:40 am M-F 2:10 pm	F 8:40 am F 11:20 am F 3:40 pm
Kitchener	CJTW - FM	94.3 Faith FM	94.3	✓	M-F 9:00 am	Su 10:00 am	M-F 7:00 pm Sa 8:30 am		M-F 6:30 am M-F 6:30 pm Sa-Su 2 per day	M-F 1 / day
London	CHJX - FM	Faith FM 99.9 London	99.9	✓	M-F 11:00 am M-F 7:30 pm	Su 4:00 pm	M-F 6:30 pm Sa 8:00 am	Boundless: F 11:00 pm	M-F 8:30 am M-F PM drive	M-F 1 / day
Manitoulin Island	CJTK - FM	KFM	102.1	✓	M-F 10:00 am		Sa 9:00 am		M-F 2 per day	M-F 1 / day
Mattawa	CJTK - FM	KFM	93.9	✓	M-F 10:00 am		Sa 9:00 am		M-F 2 per day	M-F 1 / day
North Bay	CJTK - FM	KFM	103.5	✓	M-F 10:00 am		Sa 9:00 am		M-F 2 per day	M-F 1 / day
Ottawa	CHRI - FM	Family Radio	99.1	✓	M-F 5:30 am M-F 6:30 pm		Sa 10:00 am		M-F 3:20 pm	Tu, F 7:45 am Tu, F 5:46 pm
Owen Sound	CJLF - FM	Life 100.3	90.1	✓	M-F 5:00 am M-F 9:00 am		M-F 4:00 pm		M-F 6:10 am M-F 5:50 pm Sa 1:20 pm	F 8:50 am F 5:40 pm F 9:50 pm Sa 11:50 am Sa 6:20 pm
Pembroke	CHRI - FM	Family Radio	100.7	✓	M-F 5:30 am M-F 6:30 pm		Sa 10:00 am		M-F 3:20 pm	Tu, F 7:45 am Tu, F 5:46 pm
Peterborough	CJLF - FM	Life 100.3	89.3	✓	M-F 5:00 am M-F 9:00 am		M-F 4:00 pm		M-F 6:10 am M-F 5:50 pm Sa 1:20 pm	F 8:50 am F 5:40 pm F 9:50 pm Sa 11:50 am Sa 6:20 pm
Pickle Lake	CJTL - FM	The Light	96.5		M-F 5:30 pm		Sa 10:00 am		M-F 7:45 am M-F 3:45 pm	
Sudbury	CJTK - FM	KFM	95.5	✓	M-F 10:00 am		Sa 9:00 am		M-F 2 per day	M-F 1 / day
Thunder Bay	CJTL - FM	The Light	98.1		M-F 5:30 pm		Sa 10:00 am		M-F 7:50 am M-F 3:50 pm	
	CJOA - FM	UCB Canada	95.1	✓					M-F 6:10 am M-F 8:40 am M-F 2:10 pm	F 8:40 am F 11:20 am F 3:40 pm
Timmins	CJTK - FM	KFM	105.5	✓	M-F 10:00 am		Sa 9:00 am		M-F 2 per day	M-F 1 / day
Toronto	CJMR - AM	Voice of the City	1320	✓	French > > >	Su 6:30 am				
	CJYE - AM	Joy 1250	1250	✓	M-F 11:30 am M-F 7:00 pm		Sa 7:00 am	Sa 6:30 am	M-F 5:15 pm	Sa 8:20 am Sa 5:40 pm
	WDCX - FM	Life-fm	99.5	✓	M-F 7:00 am M-F 10:30 pm		Sa 12:30 pm			
	WDCZ - AM	Life-am	970	✓	M-F 7:00 am M-F 10:30 pm		Sa 12:30 pm			
Wingham	CKNX - AM	AM 920 CKNX	920	✓	M-F 5:30 pm	Su 8:00 am			M-F 8:45 am	
Woodstock	CJFH - FM	HOPE FM	94.3	✓	M-F 9:00 am	Sa 10:00 am	M-F 6:30 pm Sa 9:00 am			F 6:00 pm

U.S. Border Stations

Southern Ontario / Marquette, MI	WEUL - FM		98.1		M-F 1:00 pm ET M-F 9:00 pm ET	Sa 9:00 pm ET	M-F 4:15 pm ET Sa 10:00 am ET		M-F 10:35 am ET	
Southern Ontario / Marquette, MI	WHWG - FM		89.9		M-F 2:00 pm ET M-F 10:00 pm ET	Sa 9:00 pm ET	M-F 4:15 pm ET Sa 10:00 am ET		M-F 10:35 am ET	
Mid & South Ontario / Gaylord, MI	WPHN - FM	Northern Christian Radio	90.5	✓	M-F 10:00 am ET M-F 8:25 pm ET	Sa 7:00 am ET	M-F 8:00 pm ET Su 8:00 pm ET			
Southern Ontario / Detroit, MI	WRDT - AM	The WORD	560	✓	M-F 6:30 am ET M-F 12:00 pm ET M-F 8:00 pm ET Sa 5:00 am ET Su 8:30 pm ET	Sa 12:00 am ET Sa 9:00 pm ET Su 12:30 pm ET	Sa 9:30 am ET Sa 3:00 pm ET Su 10:30 am ET Su 3:30 pm ET			
Southern Ontario / Detroit, MI	WMUZ - FM	The LIGHT	103.5		M-F 3:00 am ET M-F 11:30 am ET M-F 10:00 pm ET	Sa 3:00 am ET			M-F 11:59 pm ET	
Southern Ontario / Sterling Heights, MI	WUFL - AM	Family Life Radio	1030		M-F 9:30 am ET M-F 7:30 pm ET		M-F 3:30 pm ET Sa 9:05 am ET			
Southern Ontario / Port Huron, MI	WNFA - FM	Wonderful News Radio	88.3		M-F 8:00 am ET M-F 7:00 pm ET		M-F 7:30 pm ET Sa 10:00 am ET			
Southern Ontario / Sandusky, MI	WNFR - FM	Wonderful News Radio	90.7	✓	M-F 8:00 am ET M-F 7:00 pm ET		M-F 7:30 pm ET Sa 10:00 am ET			
Southern Ontario / Cleveland, OH	WCRF - FM	103 FM Moody Radio	103.3	✓	M-F 10:00 am ET		Tu, Th 4:00 pm ET Sa 9:00 am ET Su 1:00 pm ET			
	WHK - AM	Newstalk 1420	1420		M-F 3:30 am ET M-F 7:00 am ET	Sa 2:00 am ET Sa 11:00 pm ET Su 6:00 am ET				

ONTARIO (cont'd)

CITY	STATION	IDENTIFIER	DIAL	STREAM	DAILY	WEEKEND	ADVENTURES IN ODYSSEY	RADIO THEATRE	FOCUS ON THE FAMILY MINUTE	PLUGGED IN (1 min. & 2 min.)
U.S. Border Stations										
Southern Ontario / Erie, PA	WCTL - FM	Life 106.3	106.3	✓	M-F 6:00 am ET M-F 9:00 pm ET	Su 7:00 am ET	Sa 8:30 am ET		M-F 8:20 am ET M-F 8:20 pm ET	
Southern Ontario / Rochester, NY	WDCX - AM	Life-am	990	✓	M-F 7:00 am ET					
Southern Ontario / Buffalo, NY	WDCZ - AM	AM970	970	✓	M-F 7:00 am ET M-F 10:30 pm ET					
Southern Ontario / Syracuse, NY	WMHN - FM	Mars Hill Network	89.3		M-F 9:30 am ET M-F 6:30 pm ET		M-F 4:05 pm ET Sa 9:30 am ET		M-F 2:05 am ET	
Southern Ontario / Syracuse, NY	WMHR - FM	Mars Hill Network	102.9	✓	M-F 9:30 am ET M-F 6:30 pm ET		M-F 4:05 pm ET Sa 9:30 am ET		M-F 2:05 am ET	
Eastern Ontario / Lake Luzerne, NY	WBAR - FM	Alive Radio Network	94.7		M-F 12:00 am ET M-F 10:00 am ET M-F 6:00 pm ET	Sa 4:00 am ET Sa 8:00 pm ET Su 12:00 am ET Su 7:00 am ET Su 8:00 pm ET	M-F 8:00 pm ET Sa 7:30 am ET Sa 10:00 am ET Sa 4:00 pm ET			
Eastern Ontario / Cape Vincent, NY	WMHI - FM	Mars Hill Network	94.7	✓	M-F 9:30 am ET M-F 6:30 pm ET		M-F 4:05 pm ET Sa 9:30 am ET		M-F 2:05 am ET	

QUEBEC

CITY	STATION	IDENTIFIER	DIAL	STREAM	DAILY	WEEKEND	ADVENTURES IN ODYSSEY	RADIO THEATRE	FOCUS ON THE FAMILY MINUTE	PLUGGED IN (1 min. & 2 min.)
Montréal	WCHP - AM	WCHP 760	760		M-F 9:00 am	Sa 8:00 am	M-F 7:00 pm Sa 10:00 am	Sa 3:00 pm	M-F 7:15 am M-F 12:00 pm	
U.S. Border Stations										
Southern Quebec / Lake Luzerne, NY	WBAR - FM	Alive Radio Network	94.7		M-F 12:00 am ET M-F 10:00 am ET M-F 6:00 pm ET	Sa 4:00 am ET Sa 8:00 pm ET Su 12:00 am ET Su 7:00 am ET Su 8:00 pm ET	M-F 8:00 pm ET Sa 7:30 am ET Sa 10:00 am ET Sa 4:00 pm ET			
Southern Quebec / Cape Vincent, NY	WMHI - FM	Mars Hill Network	94.7	✓	M-F 9:30 am ET M-F 6:30 pm ET		M-F 4:05 pm ET Sa 9:30 am ET		M-F 2:05 am ET	

ATLANTIC CANADA

CITY	STATION	IDENTIFIER	DIAL	STREAM	DAILY	WEEKEND	ADVENTURES IN ODYSSEY	RADIO THEATRE	FOCUS ON THE FAMILY MINUTE	PLUGGED IN (1 min. & 2 min.)
Amherst, NS	CITA - FM	Christ is the Answer	99.1	✓	M-F 11:00 am	Su 7:00 am	M-F 3:30 pm Sa 7:00 am Su 7:30 pm	Sa 5:00 pm	M-F 2 per day Drive Times	M-F 12:00 pm
Annapolis Valley, NS	CJLU - FM	Ride the Waves	88.3	✓	M-F 11:00 am	Su 7:00 am	M-F 3:30 pm Sa 7:00 am Su 7:30 pm	Sa 5:00 pm	M-F 2 per day Drive Times	M-F 12:00 pm
Aylesford, NS	CVCR - FM	Valley Christian Radio	101.1	✓	M-F 4:00 pm M-F 7:30 pm	Sa 4:00 pm	M-F 12:00 pm M-F 6:30 pm Sa 3:00 pm			
Bay Roberts, NL	VOAR - FM	Voice Of Adventist Radio	95.9	✓	M-F 9:00 am NT M-F 7:30 pm NT	Su 5:00 pm NT	M-F 6:30 pm NT Su 9:00 am NT Su 8:00 pm NT		M-F 12:00 pm NT M-F 5:00 pm NT	F 8:00 am NT F 1:00 pm NT
Blackville, NB	CJFY - FM	Life Radio	99.3	✓					M-F 9:25 am M-F 4:25 pm	F 8:10 am F 12:10 pm F 4:10 pm
Botwood, NL	VOAR - FM	Voice Of Adventist Radio	101.1	✓	M-F 9:00 am NT M-F 7:30 pm NT	Su 5:00 pm NT	M-F 6:30 pm NT Su 9:00 am NT Su 8:00 pm NT		M-F 12:00 pm NT M-F 5:00 pm NT	F 8:00 am NT F 1:00 pm NT
Bouctouche, NB	CITA - FM	Christ is the Answer	107.7	✓	M-F 11:00 am	Su 7:00 am	M-F 3:30 pm Sa 7:00 am Su 7:30 pm	Sa 5:00 pm	M-F 2 per day Drive Times	M-F 12:00 pm
Bridgewater, NS	VOAR - FM	Voice Of Adventist Radio	107.1	✓	M-F 9:00 am NT M-F 7:30 pm NT	Su 4:30 pm AT	M-F 6:00 pm AT Su 8:30 am AT Su 7:30 pm AT		M-F 11:30 am AT M-F 4:30 pm AT	F 7:30 am AT F 12:30 pm AT
Charlottetown, PE	CIOG - FM	Christ Is Our God	91.3	✓	M-F 11:00 am	Su 7:00 am	M-F 3:30 pm Sa 7:00 am Su 7:30 pm	Sa 5:00 pm	M-F 3 per day	M-F 12:00 pm
Corner Brook, NL	VOAR - FM	Voice Of Adventist Radio	105.7	✓	M-F 9:00 am NT M-F 7:30 pm NT	Su 5:00 pm NT	M-F 6:30 pm NT Su 9:00 am NT Su 8:00 pm NT		M-F 12:00 pm NT M-F 5:00 pm NT	F 8:00 am NT F 1:00 pm NT
Deer Lake, NL	VOAR - FM	Voice Of Adventist Radio	102.1	✓	M-F 9:00 am NT M-F 7:30 pm NT	Su 5:00 pm NT	M-F 6:30 pm NT Su 9:00 am NT Su 8:00 pm NT		M-F 12:00 pm NT M-F 5:00 pm NT	F 8:00 am NT F 1:00 pm NT
Fredericton, NB	CIXN - FM	96.5 Joy FM	96.5	✓	M-F 1:00 pm	Su 8:00 am	M 8:00 pm Tu-F 7:30 pm Sa 7:30 am		M-F 7:20 am M-F 4:40 pm	F 8:05 am F 12:05 pm F 5:05 pm
Gander, NL	CJRI - FM	CJRI Radio	104.5	✓				Su 9:00 pm		
	VOAR - FM	Voice Of Adventist Radio	89.7	✓	M-F 9:00 am NT M-F 7:30 pm NT	Su 5:00 pm NT	M-F 6:30 pm NT Su 9:00 am NT Su 8:00 pm NT		M-F 12:00 pm NT M-F 5:00 pm NT	F 8:00 am NT F 1:00 pm NT
Grand Falls - Windsor, NL	VOAR - FM	Voice Of Adventist Radio	98.3	✓	M-F 9:00 am NT M-F 7:30 pm NT	Su 5:00 pm NT	M-F 6:30 pm NT Su 9:00 am NT Su 8:00 pm NT		M-F 12:00 pm NT M-F 5:00 pm NT	F 8:00 am NT F 1:00 pm NT
Halifax, NS	CJLU - FM	Ride the Waves	93.9	✓	M-F 11:00 am	Su 7:00 am	M-F 3:30 pm Sa 7:00 am Su 7:30 pm	Sa 5:00 pm	M-F 2 per day Drive Times	M-F 12:00 pm
Happy Valley - Goose Bay, NL	VOAR - FM	Voice Of Adventist Radio	101.9	✓	M-F 9:00 am NT M-F 7:30 pm NT	Su 5:00 pm NT	M-F 6:30 pm NT Su 9:00 am NT Su 8:00 pm NT		M-F 12:00 pm NT M-F 5:00 pm NT	F 8:00 am NT F 1:00 pm NT

ATLANTIC CANADA (cont'd)

CITY	STATION	IDENTIFIER	DIAL	STREAM	DAILY	WEEKEND	ADVENTURES IN ODYSSEY	RADIO THEATRE	FOCUS ON THE FAMILY MINUTE	PLUGGED IN (1 min. & 2 min.)
Lewisporte, NL	VOAR - FM	Voice Of Adventist Radio	91.7	✓	M-F 9:00 am NT M-F 7:30 pm NT	Su 5:00 pm NT	M-F 6:30 pm NT Su 9:00 am NT Su 8:00 pm NT		M-F 12:00 pm NT M-F 5:00 pm NT	F 8:00 am NT F 1:00 pm NT
Marystown, NL	VOAR - FM	Voice Of Adventist Radio	99.5	✓	M-F 9:00 am NT M-F 7:30 pm NT	Su 5:00 pm NT	M-F 6:30 pm NT Su 9:00 am NT Su 8:00 pm NT		M-F 12:00 pm NT M-F 5:00 pm NT	F 8:00 am NT F 1:00 pm NT
Miramichi, NB	CJFY - FM	Life Radio	101.1	✓					M-F 9:25 am M-F 4:25 pm	F 8:10 am F 12:10 pm F 4:10 pm
Moncton, NB	CJRI - FM	CJRI Radio	99.7	✓				Su 9:00 pm		
	CITA - FM	Christ is the Answer	105.1	✓	M-F 11:00 am	Su 7:00 am	M-F 3:30 pm Sa 7:00 am Su 7:30 pm	Sa 5:00 pm	M-F 2 per day Drive Times	M-F 12:00 pm
Port Aux Basques, NL	CKOE - FM	Christian Hits	107.3	✓						M-Su Various
	VOAR - FM	Voice Of Adventist Radio	99.9	✓	M-F 9:00 am NT M-F 7:30 pm NT	Su 5:00 pm NT	M-F 6:30 pm NT Su 9:00 am NT Su 8:00 pm NT		M-F 12:00 pm NT M-F 5:00 pm NT	F 8:00 am NT F 1:00 pm NT
Saint John, NB	CINB - FM	Radio NewSong	96.1	✓			M-F 3:30 pm			M-F 1 per day
St. John's, NL	VOAR - AM	Voice Of Adventist Radio	1210	✓	M-F 9:00 am NT M-F 7:30 pm NT	Su 5:00 pm NT	M-F 6:30 pm NT Su 9:00 am NT Su 8:00 pm NT		M-F 12:00 pm NT M-F 5:00 pm NT	F 8:00 am NT F 1:00 pm NT
St. Stephen, NB	CJRI - FM	CJRI Radio	99.9	✓				Su 9:00 pm		
Springdale, NL	VOAR - FM	Voice Of Adventist Radio	103.3	✓	M-F 9:00 am NT M-F 7:30 pm NT	Su 5:00 pm NT	M-F 6:30 pm NT Su 9:00 am NT Su 8:00 pm NT		M-F 12:00 pm NT M-F 5:00 pm NT	F 8:00 am NT F 1:00 pm NT
Summerside, PE	CIQG - FM	Christ Is Our God	92.5	✓	M-F 11:00 am	Su 7:00 am	M-F 3:30 pm Sa 7:00 am Su 7:30 pm	Sa 5:00 pm	M-F 3 per day	M-F 12:00 pm
Sussex, NB	CITA - FM	Christ is the Answer	107.3	✓	M-F 11:00 am	Su 7:00 am	M-F 3:30 pm Sa 7:00 am Su 7:30 pm	Sa 5:00 pm	M-F 2 per day Drive Times	M-F 12:00 pm
Wabush - Labrador City, NL	VOAR - FM	Voice Of Adventist Radio	102.5	✓	M-F 9:00 am NT M-F 7:30 pm NT	Su 5:00 pm NT	M-F 6:30 pm NT Su 9:00 am NT Su 8:00 pm NT		M-F 12:00 pm NT M-F 5:00 pm NT	F 8:00 am NT F 1:00 pm NT
Woodstock, NB	CJCJ - FM	Easy Rock 104 FM	104.1	✓					M-F 9:20 am	
	CJRI - FM	CJRI Radio	101.1	✓				Su 9:00 pm		

U.S. Border Stations

New Brunswick / Bangor, ME	WHCF - FM	Maine's Harbor of Hope	88.5	✓	M-F 12:30 pm AT M-F 8:30 pm AT	Sa 12:00 pm AT	M-F 8:00 pm AT Sa 11:00 am AT			
Nova Scotia / Boston, MA	WEZE - AM	The Word	590	✓	M-F 3:00 am AT M-F 8:30 am AT M-F 1:30 pm AT M-F 9:30 pm AT	M 2:00 am AT				
New Brunswick / Caribou, ME	WFST - AM	Family Radio	600		M-F 9:30 am AT M-F 6:30 pm AT Sa 9:00 am AT	Sa 12:00 pm AT	M-F 5:00 pm AT Sa 9:30 am AT		M-F 4:15 pm AT	

SATELLITE

PROVIDER	STATION	IDENTIFIER	CHANNEL	TIME ZONE	DAILY	WEEKEND	ADVENTURES IN ODYSSEY	RADIO THEATRE	FOCUS ON THE FAMILY MINUTE	PLUGGED IN (1 min. & 2 min.)
Bell ExpressVu	VOAR	Voice Of Adventist Radio	950	NEWFOUNDLAND	M-F 9:00 am NT M-F 7:30 pm NT	Su 5:00 pm NT	M-F 6:30 pm NT Su 9:00 am NT Su 8:00 pm NT		M-F 12:00 pm NT M-F 5:00 pm NT	F 8:00 am NT F 1:00 pm NT
Bell Aliant Digital Cable	VOAR	Voice Of Adventist Radio	785	NEWFOUNDLAND	M-F 9:00 am NT M-F 7:30 pm NT	Su 5:00 pm NT	M-F 6:30 pm NT Su 9:00 am NT Su 8:00 pm NT		M-F 12:00 pm NT M-F 5:00 pm NT	F 8:00 am NT F 1:00 pm NT
Rogers Digital TV	VOAR	Voice Of Adventist Radio	929	NEWFOUNDLAND	M-F 9:00 am NT M-F 7:30 pm NT	Su 5:00 pm NT	M-F 6:30 pm NT Su 9:00 am NT Su 8:00 pm NT		M-F 12:00 pm NT M-F 5:00 pm NT	F 8:00 am NT F 1:00 pm NT

WEB STATIONS

WEBSITE NAME	URL	DAILY	WEEKEND	ADVENTURES IN ODYSSEY	RADIO THEATRE	FOCUS ON THE FAMILY MINUTE	PLUGGED IN (1 min. & 2 min.)
Chinese Outreach	www.chineseoutreach.ca					Mandarin M-Su 1:00 am MT M-Su 9:00 am MT M-Su 12:00 pm MT M-Su 5:00 pm MT M-Su 10:00 pm MT	
Indie Gospel Radio	http://indiegospelradio.org	M-F 7:00 pm ET	Sa-Su 7:00 pm ET	M-F 6:30 pm ET Sa-Su 6:30 pm ET		M-Su 1 per day	
Mike FM	www.mikefmwinnipeg.com	M-F 6:30 pm CT	Sa 8:00 am CT Su 6:00 am CT	M-F 6:00 pm CT Sa-Su 7:30 pm CT	Sa-Su 7:00 am	(Boundless) Sa 5:00 pm CT	Tu, F 11:00 am CT
Prairie Radio	www.prairie.edu/radio	M-Th 10:30 am MT	Sa 11:00 am MT Su 7:00 am MT Su 6:00 pm MT			M-Sa 7:00 am MT M-Sa 7:00 pm MT	M-F 1 / day
Praise FM Cape Breton	www.praisefmcab.com	M-F 9:00 am AT M-F 5:30 pm AT	Su 2:30 pm AT	M-F 5:00 pm AT Sa 12:30 pm AT	(Boundless) Sa 7:00 pm AT	M-F 1 per day	M-F 1 per day